



Death, Life and Re-Birth

By Dr Rosalind Polley

Darkness to Light, Untruth to the Truth, Death to Immortality.

My work centres around death and its necessity for all new life. Memento Mori - remembering that you too will die - is essential to living a happy and successful life. Without death there can be no space or resources for new life.

This is why I find death beautiful.

We are also all in a constant state of flux and Re-Birth. At an atomic and molecular level, you are not the same person today as you were yesterday. You are constantly exchanging matter with the Universe, through the food you eat and excrete, the air you breathe... Death is simply the ultimate extension of this.

I believe that our bodies are just one third of us. We are also our minds and our souls. All three are equally important and we should take time to value and care for them, be that through exercise, meditation, prayer or any other means that works for you.

**In remembering death, we take time to celebrate
and enjoy every moment of life!**

My major artistic influences are *Polly Morgan* and *Alexander McQueen* with a touch of Surrealism. The images come from *Edward James'* Surrealist sculpture garden in Mexico. I also enjoy *George R R Martin*, particularly his short story "A Song for Lya", shown here.

My background is in Biochemistry and I have a doctorate in Immunology. I trained in Sculpture at the University of Bath and in taxidermy at Barts Pathology Museum and with Curious Menagerie.

*All animals used in this work were sourced ethically,
either dying of natural causes or being culled to support biodiversity.*